PosiTips Counselling & Wellness Centre

PosiTips Counselling & Wellness Centre will offer a range of psychological, emotional, and wellness services with a focus on improving mental health, career development, parenting, and personal well-being. Backed by the **Counsellor Council of India (CCI)**, a trusted and growing name in the mental health and counseling industry, the centre will serve individuals, families, and organizations across the region, offering a client-centered, holistic approach to therapy and wellness. The Centre can:-

- Provides high-quality, professional counseling services in a comfortable, accessible setting.
- Serves individuals seeking assistance with mental health, career development, and family dynamics.
- Offers a comprehensive wellness approach integrating psychological counseling, career guidance, and personal development services.
- Expands the availability of affordable and professional psychological support to a wider community.

Market Opportunity:

- Growing Demand for Counseling Services: The mental health and counseling industry in India has witnessed significant growth due to increasing awareness of mental health issues, stress-related problems, and the need for career guidance. The demand for both traditional in-person counseling and online services is on the rise.
- Changing Social Dynamics: Cultural shifts and societal changes have led to an
 increasing number of individuals seeking professional help for issues like marital
 stress, parenting concerns, career-related challenges, and mental health support.
- Government Support: With mental health becoming a priority in the country, government policies and initiatives support the expansion of counseling services.

Services Offered:

1. Psychological Counseling and Therapy:

- Individual Therapy (e.g., anxiety, depression, trauma)
- Couples Therapy (e.g., marital counseling, relationship guidance)
- o Family Counseling (e.g., parenting support, family therapy)
- o Career Counseling (e.g., career guidance, professional development)

2. Psychometric Assessments:

- Personality Tests
- Career Aptitude and Interest Tests
- Behavioral Assessments

3. Wellness Programs:

- Stress Management Workshops
- Mindfulness and Meditation Classes
- o Life Coaching and Personal Development Programs

4. Corporate Wellness Services:

- o Employee Assistance Programs (EAP)
- o Stress Management and Conflict Resolution Workshops for Corporates

Business Model:

The **PosiTips Counselling & Wellness Centre** operates under a **franchise model**, offering a unique business opportunity for aspiring entrepreneurs to run a counseling practice with the support of a trusted brand and comprehensive resources.

- Business Type: Franchisee model with a focus on holistic, multidimensional psychological services.
- Target Audience: Individuals, families, corporate clients, and educational institutions.

• Revenue Streams:

- Direct counseling services (individual, couples, family)
- Corporate wellness programs
- Workshops and training
- Psychometric testing and career assessments

Franchise Support:

As a franchisee of **PosiTips Counselling & Wellness Centre**, you will receive the following support:

1. Training and Mentorship:

- Initial 7-day training (in-person or via webinar) on counseling techniques, business operations, and client handling.
- o Ongoing monthly workshops and advanced training sessions with subject experts.

2. Operations Support:

- o **Operational Manual** with guidelines on running the center efficiently.
- o Access to psychometric testing materials and professional documents.
- Support for setting up your office and offering online services.

3. Branding and Marketing:

- Use of the PosiTips Counselling & Wellness Centre and Counselor Council of India (CCI) brand.
- o Marketing materials, promotional campaigns, and local advertising support.
- o Dedicated website development and online promotion for your center.

4. Government Affiliation:

- Empanelment/affiliation with state and central government for validation and recognition of services.
- o Compliance with all relevant local and national regulations.

5. Technology Integration:

- Access to the **Thrapistnearme** app and online counseling platforms for remote client sessions.
- o Client review and feedback tools to ensure ongoing improvement in services.

Location and Setup:

 Location Selection: Ideal locations will be easily accessible to a diverse demographic, such as near educational institutions, residential areas, and business districts.

• Facility Requirements:

- o Comfortable and private consultation rooms for counseling.
- Well-designed wellness spaces for group workshops, meditation, and stress management sessions.
- o A reception area with client support and administrative staff.

• Staffing:

- Qualified psychologists, counselors, and therapists with various specializations (e.g., career counseling, mental health, marital therapy).
- o Administrative and support staff to manage day-to-day operations.

Investment and Fees:

• Initial Investment:

The cost of setting up the centre, including furniture, interior design, equipment, and marketing materials, will not be covered under the **PosiTips Counselling & Wellness Centre** franchise package.

Annual Franchisees fee:- (INR Zero)

• Membership Fee with CCI:

Franchisees must obtain Institutional Membership with Counsellor Council of India (CCI) to ensure proper accreditation.

Annual Institutional Membership fee: INR 25,000.

• Operational Costs:

- Staff salaries, rent, utilities, and other operational expenses: To be borne by Franchisee holder
- Technology costs for software and app access: To be borne by Counsellor Council of India

Marketing and Growth Strategy:

1. Brand Recognition:

Leverage CCI's strong national presence and ongoing media exposure to attract clients to your center. Participate in national and regional wellness events to increase visibility.

2. Local Marketing Initiatives:

Launch targeted advertising campaigns through digital marketing, local print media, and community engagement events to drive traffic to the center.

3. Client Retention:

Provide personalized counseling and wellness plans, offer loyalty programs, and build lasting relationships with clients to ensure repeat business and referrals.

4. Expansion Plans:

After successful establishment, consider expanding services or opening new franchise locations in nearby regions or other parts of the city.

How to apply:

- 1. Complete the franchise application form and submit the Letter of Interest.
- 2. The CCI Board will Review and approve the proposal.
- 3. Set up an initial consultation to finalize the details and move forward with the franchise setup.

For more information, visit <u>www.cci.org.in</u> or contact us at +91 9424337163